

Zika Virus Update

Public Health England (PHE) from 2nd of August 2017 stopped providing detailed travel information about Zika virus. The Country Information Page is recommended to be used for up to date and detailed advice for those travelling in general or in particular to countries or areas affected by Zika virus.

Pregnant women are at increased risk of complications following Zika virus infection. UK travel health advice in relation to Zika virus is therefore primarily focussed on pregnant women and their partners and couples planning pregnancy.

To continue, there is no vaccination for Zika virus and people who are planning to travel regions where Zika is high at risk are recommended to seek advice 4 to 6 weeks before their trip from their GP, practice nurse or travel clinic.

For couples planning to conceive and for couples that expecting is highly recommended to check the Zika risk for the destination they wish to travel.

Further Information

<https://www.gov.uk/guidance/zika-virus-travel-advice#pregnancy-and-travel>

<https://www.gov.uk/government/collections/zika-virus-zikv-clinical-and-travel-guidance>

<https://travelhealthpro.org.uk/factsheet/5/zika--risk-assessment>

<https://travelhealthpro.org.uk/countries>